

# HEALTH PASSPORT WELLNESS PROGRAM

Southern's Health Passport Wellness Program is a comprehensive initiative designed to encourage and support team members as they pursue healthier lifestyles. Launching on May 1 each year, this program showcases our commitment to the holistic health of our organization.

Through the program, participants engage with health coaches — peers who are well-versed in wellness and adept at fostering positive, supportive relationships. These coaches empower team members by helping them tap into their potential and resilience, helping them make healthy lifestyle changes.

Instead of mandating uniform steps, the Health Passport Wellness Program respects individuality by helping team members set personalized goals, find their unique motivators and establish accountability measures that make sense for their specific objectives.

This program isn't about individual triumphs alone. It's also about creating a vibrant, supportive workplace and a culture of open communication with wellness as a shared goal. To top it off, team members are financially compensated for their dedication and effort. By achieving specific point milestones, participants can earn up to \$250, making this program not just fulfilling but also rewarding in the most literal sense.

The Health Passport Wellness Program encapsulates many of Southern's values, namely a belief in the power of human connections, the importance of a balanced life and an unwavering commitment to the well-being of every team member.

